

**New York 10-13 Association
Brooklyn & Staten Island, Inc.
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Fall 2008

PRESIDENT 'S MESSAGE

I feel that I should address a common concern for all of us, our health. Our health is primary to our well being and that of our families. If we can not function properly our families suffer. I would like to remind you the Brooklyn-Staten Island 10-13 has a group of Doctors who are Police Friendly and provide excellent care. All of our Doctors have and are currently providing care for our members, they do not advertise through 10-13 they are on our Board of Directors as advisory Surgeons. I and others on the Board use these Doctors and they accept our plans.

I would also like to remind anyone who was at Ground Zero or any 911 facility to join the W.T.C. monitoring program while there is still time, do not gamble with your health. Their number is 1-888 702-0630

Also, please remember that there is a crisis hotline for Retired Police Officers and available thru P.O.P.P.A, a police organization providing peer assistance. This is completely confidential and has no ties with the N.Y.P.D. or any of the unions. This service is provided through private grants for active and retired police officers who have crisis situations. The 24 hour helpline number is 1 800 599-1085. The help line is staffed by active and retired police officers who can get you to the proper clinicians who accept our health plans.

2009 Membership Dues

Please send in your dues ASAP, membership cards and plaques will be mailed only to current dues paying members. Your dues help keep the organization running.

Variable Supplement/Defined Benefit for Vested/Disability Retirees

A Bill is in the Assembly Committee to provide a vested and disability retiree with this benefit. Unless our Unions support this bill it will die in committee.

Health Protection Bill

State Senator Marty Golden (B-SI Member) is putting together a panel to get a Health Protection Bill for Retirees. We should know something by June '09

HR 218

The State of New York has stated retired police officers have to be trained by the department they retired from to comply with NY State requirement, as of now the NYPD has no such program, nor do they have any money to do this program. A good rule of thumb "DO NOT CARRY OUT OF STATE"

Pension

The pension section is requesting that you keep your pension information current. If you have any changes please contact them at 212 693-5100. Also contact your union, PBA, DEA SBA, etc.

Defensive Driving Course

Contract Rich Weisel or Jerry Castagliola at the 10-13 office number on top of the page.

Membership

Please attend our meetings if not for an issue, just for a night out and see old friends. Meetings are every month usually the 3rd Wednesday alternating between Brooklyn and Staten Island. A calendar will be enclosed with your dues notice. If you need directions call the office.

N.Y.P.D. R.M.P. Actively Retired

Police Commissioner Kelly started a program for NYPD retirees who would like to volunteer their time in case of an emergency similar to 911. Training is provided and if you feel you want to be part of this call 1-646 610-7671 or visit their website www.nyc.gov/nypd and click on actively retired.

Horses for Heroes Program

This program utilizes horses to help soldiers who have suffered traumatic brain injuries. Post traumatic stress disorder or loss of limbs. Volunteers and contributions are needed. The program is run at Seaside Therapeutic Riding in Brooklyn. Contact Dan Cutler at 718 812-8466 or Tom Dwyer 516 579-6168 (Retired NYPD 10-13 Member)

Hoping to See You at the Next Meeting
A Vic Grillo, Jr. – President